

# Vision Map for Best of Life Care

Prepared for: \_\_\_\_\_

Date: \_\_\_\_\_

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***SPIRIT*** - uphold beliefs and practices

**CURRENT REALITY-**

Spirit Action 1.

Spirit Action 2.

Spirit Action 3.

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Spirit Action 4.

**VISION –**

**EMOTIONAL** – honor feelings

**CURRENT REALITY -**

Emotion Action 1.

Emotion Action 2.

Emotion Action 3.

Emotion Action 4.

**VISION -**

***MIND*** – life review/ meaning

**CURRENT REALITY -**

Mind Action 1.

Mind Action 2.

Mind Action 3.

Mind Action 4.

**VISION -**

***PHYSICAL / BODY*** – increase comfort, health, safety

**CURRENT REALITY –**

Body Action 1.

Body Action 2.

Body Action 3

Body Action 4.

**VISION –**

**PRACTICAL** - create completions

**CURRENT REALITY** –

Practical Action 1.

Practical Action 2.

Practical Action 3.

Practical Action 4.

**VISION** –

